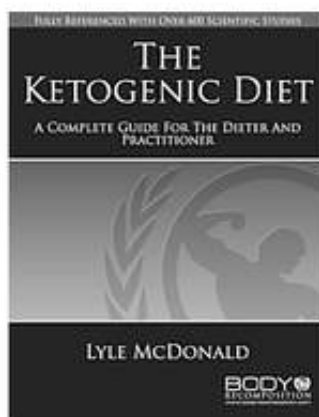




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It was reading Lyle's new Stubborn Fat book that prompted me to contact him personally for the interview I posted in the Inner Circle members-only area, because I Get Lyle Mcdonald - The Protein book, The Protein Book: A Complete Guide for the Athlete and Coach examines the topic of protein ...

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